

# Working Well Together

Training and Technical Assistance Center



Karin Lettau MS  
Working Well Together  
Southern Region  
[klettau7@gmail.com](mailto:klettau7@gmail.com); 619-246-7797  
[Workingwelltogether.org](http://Workingwelltogether.org)

Presents Free Training for the  
County of Los Angeles

## Supervision for Universal Wellness & Inclusion in the Workplace

A Training for Supervisors Who Supervise Individuals  
with Lived Experience

Facilitated by Karin Lettau MS, Angela Abbott RAS, BS, and Joseph Hall

**May 29th, 2014**

Registration at 8:30 am; Training 9:00 am — 4:00 pm

### Learning

#### Objectives:

- Explain the unique stigma and discrimination in public mental health and learn two strategies for reduction of workplace stigma and discrimination.
- Identify the unique role of peer providers and three job functions of peer specialists or parent advocates.
- Describe three effective leadership and coaching principles in a wellness-based culture.
- Demonstrate the use of seven communication steps to promote accountability, compassion, personal responsibility, choice and self-determination.
- Understand basic California employment law and leave regulations to foster the success of all staff including employees with lived experience.
- Name two strategies for integrating wellness principles into an organizational, attitudinal, and/or physical aspect of the workplace to support all employees.

**Free Training \* Free Lunch \* Free CEUs\***

**Registration required at:**

**[http://  
wwtlasupervise4wellness-  
may29.eventbrite.com](http://wwtlasupervise4wellness-may29.eventbrite.com)**

For ADA accommodations or dietary restrictions  
email Karin Lettau to [klettau7@gmail.com](mailto:klettau7@gmail.com) by  
May 16.

**\*Complementary CEUs- 6 hours provided  
for BBS, BRN, & CAADAC**

Late Arrival Policy: Participants who arrive to class after the scheduled start time are considered late and may not receive credit for the course. Tardiness, early departure and those who return late from lunch/breaks will not receive continuing education credit. There is no partial CEU.